



Intern with Cityseed!

CitySeed seeks to engage the community in growing an equitable, local food system that promotes economic development, community development and sustainable agriculture.

We are looking for students who are self-motivated, creative, detail oriented, and have an interest in the support, growth and security of local food and local farms

Internships are available in the following areas:

City Farmers' Markets:

- **Help prepare** for each market date including developing market newsletters and flyers, gathering required equipment and securing other materials as needed.
- **Participate in organizing and running** a sizable community-based farmers' market by interacting with vendors, volunteers and staff, setting up CitySeed's informational and sales table, distributing information and materials as well as helping to organize special events at markets.

BuyCTGrown.com:

- **Gather information** for a growing database about markets, restaurants, farms and more to support a statewide effort promoting local food, farm products and agriculture to consumers.
- **Work on special events and workshops** designed to promote farm visibility and viability in CT.

Community Supported Market & Pre-School Based Program:

- **Organize** shares of produce for urban residents through the innovative Community Supported Market program at the Fair Haven market. Compile recipes and information to help shareholders cook with their fresh produce.
- **Assist in providing** farmers' market and foods focused literacy programming to pre-schoolers and assist in coordination of field trips to the market for teachers, parents and children.

CitySeed Marketing & Publicity:

- **Create** informative content, including blogs and more to reach a wider, technology savvy audience with informative pieces on our programs and the advantages of local food found at the farmers' markets.
- **Assist in producing** press and fundraising packets for various events, keeping information current and unified, as well as sending email, faxes and letters to various media outlets and people.

Seed to Table and CitySeed @ Work

- **Coordinate activities** and provide day to day technical assistance with farm and restaurant/institution relationships participating in the Seed to Table program.
- **Provide outreach and assistance** to businesses and wellness coordinators who want to help employees access fresh healthy food and cooking information through special programs offered by the CitySeed @ Work program

To apply for an internship, please send a cover letter detailing your area or areas of interest, along with your resume, to info@cityseed.org.

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